

Bristol Avon Regatta

NOTES FOR COMPETITORS

General

TRAILER AND CAR PARKING: See separate Note.

REGISTRATION: will open at 08:00. ALL COMPETITORS MUST BRING THEIR BRITISH ROWING LICENCES. These must be handed in to the Entries Secretary when registering. Please remember to collect them when you have finished racing.

PRIZEGIVING: The main ceremony will be after the end of the day's racing. Competitors who win an event in the morning session and who do not wish to stay for the afternoon should apply to Race Control for their prizes.

REFRESHMENTS: will be on sale in the marquee – see Circulation Pattern.

TOILETS: on site near the clubhouse – see Circulation Pattern.

Safety and racing instructions

Please ensure that all crews are aware of and follow these instructions, which should be read in conjunction with the Circulation Pattern and the Timetable.

HAZARDS: Points of danger are as follows:

- There is a weir downstream of the boathouse – see Circulation Pattern There will be a marshal on the boating raft instructing crews to turn; please follow his instructions.
- The banks along the course have been cleared but please be aware that there might still be some trees which stick out into the river.
- There will be boats (for the umpires' vantage points) moored along the course – see Circulation Pattern

NO SAFETY COVER WILL BE PROVIDED ABOVE THE FIRST BRIDGE UPSTREAM OF THE BOATHOUSE

INSPECTION: Boats will be inspected before launching.

BOATING, RACING AND DISEMBARKING: Your boating time is indicated on the Timetable; please see the detailed instructions on the Circulation Pattern. Please note your boating time is the time you should be on the raft. Please ensure that you are in the boating queue in good time. Please keep the tunnel under the railway arch clear at all times for emergency access.

SAFETY BOATS: Two will be on the water at all times : one above the start and one below the finish.

STOPPING THE RACE: If umpires have to stop the race, they will ring a bell and wave a red flag and/or instruct crews to STOP. All crews must stop rowing and remain where they are until given further instructions by the race umpires.

IN THE EVENT OF AN INCIDENT: Racing will be stopped and umpires will call for help. If you fall in you should stay with your boat and follow the instructions you have learnt in your capsized drills.

COACHING FROM THE BANK: Coaching, steering or the use of loud hailer/megaphones will not be allowed.

THE RACE COMMITTEE RESERVE THE RIGHT to disqualify or give an official warning to any crew disobeying instructions or causing interference to any racing crew. If you wish to complain about any aspect of your race, please make your complaint to Race Control (in the registration tent) within 30 minutes of the end of your race.

ON LAND: Please be careful:

- Not to cause any harm to others when you are manoeuvring your boat in the boating areas.
- To clear the track under the railway tunnel if it is needed for emergency access
- To allow the general public to enjoy the public footpath along the river

WEIL'S DISEASE: If you fall in, please be advised by the St John Ambulance staff and note that we have made arrangements for you to take a shower.

WILDLIFE: Please take care not to harm swans and other wildlife in the area

FIRST AID and RESCUE

**St JOHN AMBULANCE
ARE IN ATTENDANCE**

AT

AVON COUNTY ROWING CLUB

**RESCUE LAUNCHES ARE PROVIDED BY
THE SEVERN AREA RESCUE ASSOCIATION
AND AVON COUNTY ROWING CLUB**

UMPIRES HAVE RADIOS AND MOBILE PHONES